

# September 2021

Friendship Village Schaumburg Assisted Living

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1	2	3	4
<b>FIRST DAY OF FALL SEPT. 22, 2021</b>  	Daily Chronicles and The Perk are provided daily at the newsstands on the 2 <sup>nd</sup> and 3 <sup>rd</sup> Floor	Activities Subject to Change	8:30 Labyrinth Walk <b>SG</b> 10:00 Exercise to Music <b>B1</b> 10:45 Trivia Jeopardy <b>AR</b> 2:00 Discovering Taiwan <b>AR</b> 3:15 Dining Meeting <b>B2</b>	8:30 Labyrinth Walk <b>SG</b> 10:15 Fall Prevention Presentation <b>B1</b> 2:00 Music Social in the Garden <b>SG</b> 3:15 Welcome Committee Meeting <b>B1 TV</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Village Worship <b>B1</b> 2:00 Bingo <b>B1</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Exercise in a Chair <b>B1</b> 10:45 News Currents <b>B2</b> 2:00 Therapy Dog Visit <b>B1</b>
5	6 <b>Happy Labor Day</b>	7	8	9	10	11
8:30 Labyrinth Walk <b>SG</b> 10:00 Willows Catholic Communion Service <b>B1</b> 2:00 Best of Benny Goodman Music in the Garden <b>SG</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Chair Chi <b>B1</b> 10:45 Jeopardy <b>AR</b> 2:00 Bingo <b>B1</b>	8:30 Labyrinth Walk <b>SG</b> 9:30 <b>IN HOUSE OUTING:</b> Catholic Mass with Fr. Kane <b>B1</b> 1:30 <b>In HOUSE OUTING:</b> 9/11 Presentation in Assembly Hall <b>B1</b> 3:15 Manicures <b>B2</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Exercise to Music <b>B1</b> 10:45 Making Purses Craft with Joshlynn <b>AR</b> 2:00 <b>SPECIAL PRESENTATION:</b> Stretch and Relax Exercise with Jill <b>B1</b> 3:00 Crafting Cards-BEES <b>AR</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Sit and Exercise <b>B1</b> 10:45 Trivia <b>B2</b> <b>On Your OWN</b> 11-2pm Diane's Boutique <b>Herman's Hallway</b> 2:00 Treats from Taiwan <b>AR</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Village Worship <b>B1</b> 2:00 In the Garden with Carla <b>B1</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Chair Exercise Class <b>B1</b> 10:45 9/11 Discussion <b>B2</b> 2:00 Afternoon Matinee: Johnny Cash Story-Walk the Line <b>B2</b>
12	13 <b>Assisted Living Week-</b>	14 <b>Theme:</b>	15 <b>CARE</b>	16 <b>COMPASSION</b>	17 <b>COMMUNITY</b>	18
8:30 Labyrinth Walk <b>SG</b> 10:00 Willows Catholic Communion Service <b>B1</b> 2:00 Grandparent History BINGO <b>B1</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Chair Chi <b>B1</b> 10:45 Brain Games <b>AR</b> 2:00 Bingo <b>B1</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Willows Resident Council Meeting <b>B1 TV</b> 10:00 Chair Exercise Class <b>B1</b> 2:00 Assisted Living Week: Garden Sparklers for the Community <b>B1</b> 3:30 Manicures <b>AR</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 <b>In House</b> Shopping in Friendship Hall at Nellies Closet <b>B1</b> 10:00 Chair Exercise to Music <b>B1</b> 2:00 Assisted Living Week: Glamour Shots <b>B1</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Chair Exercise <b>B1</b> 10:45 Hearthside Reader: Italian American Foods <b>B2</b> 2:00 Wood Picture Frame Craft <b>AR-B2</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Village Worship <b>B1</b> 2:00 <i>Assisted Living Week Finale:</i> Music Performance Social <b>SG</b> 3:30 <b>IN HOUSE:</b> 250yr Anniversary of Beethoven Music in Friendship Hall <b>FH</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Chair Exercise Class <b>B1</b> 10:45 News Currents <b>B2</b> 3:15 Saturday Matinee: Dream Girls <b>B2</b>
19	20 <b>Senior Games Week</b>	21	22	23	24	25
8:30 Labyrinth Walk <b>SG</b> 10:00 Willows Catholic Communion Service <b>B1</b> 2:00 Music in the Garden <b>SG</b>	8:30 Fitness Trail <b>B2</b> 10:00 Chair Chi <b>B1</b> 10:45 Guess How Many <b>B1</b> 2:00 Town Hall Meeting 3:00 Balloon Volleyball Competition <b>B1</b>	8:30 Fitness Trail <b>B2</b> 10:00 Chair Exercise Class <b>B1</b> 10:45 Hearthside Reader: Music of the 20 <sup>th</sup> Century <b>B2</b> 2:00 Corn Hole Tourney <b>B1</b>	8:30 Fitness Trail <b>B2</b> 10:00 Chair Exercise to Music <b>B1</b> 10:45 Wii Jeopardy <b>B2</b> 2:00 Synchronized Bubbling <b>SG</b>	8:30 Fitness Trail <b>B2</b> 10:00 Chair Exercise <b>B1</b> 10:45 Trivia <b>B2</b> 2:00 Bowling Tournament <b>B1</b>	8:30 Fitness Trail <b>B2</b> 10:00 Village Worship <b>B1</b> 2:00 Silver Games Riddle Bingo <b>B1</b>	8:30 Fitness Trail <b>B2</b> 10:00 Chair Exercise Class <b>B1</b> 10:45 News Currents <b>B2</b> 2:30 Saturday Matinee: <i>Surprise Picks</i> <b>B2</b>
26	27	28	29	30	<b>MEETING PLACES</b>	<b>DIMENSIONS OF WELLNESS</b>
8:30 Fitness Trail <b>B2</b> 10:00 Willows Catholic Communion Service <b>B1</b> 2:00 The Best of Frank Sinatra in the Garden <b>SG</b>	8:30 Fitness Trail <b>B2</b> 10:00 Chair Chi <b>B1</b> 10:45 Trivia Jeopardy <b>AR</b> 3:00 Art Appreciation- Is This Art? Faberge and Tiffany <b>B1 TV</b>	8:30 Labyrinth Walk <b>SG</b> 10:00 Exercise Class <b>B1</b> 2:00 Schaumburg Library <b>B1</b> 3:15 Manicures <b>AR</b>	8:30 Fitness Trail <b>B2</b> 10:00 Exercise to Music <b>B1</b> 10:45 Fall Paper Gift- Craft with Joshlynn <b>AR</b> 11:00 <b>IN HOUSE</b> <b>Jewelry and Repair</b> <b>Hermans Way</b> 2:00 Bingo <b>B1</b>	8:30 Fitness Trail <b>B1</b> 10:00 Garden Time with Carla <b>B1</b> 2:00 Balance Ball Exercise with Jill <b>B1</b>	SG - Secret Garden B1 - Birch 1st AR - Birch 2nd floor Activity Room B2 - Birch 2nd B1 TV - Birch-1 TV Rm. FH - Friendship Hall Her - Herman's TBD - TBD	Physical Spiritual Vocational Intellectual Nutritional Emotional Environmental Social Health Services Purposeful

