Reflections in The Willows at Friendship Village **Highlights** August 30 – September 5th 2020

Sunday – 6	Monday - 7	Tuesday – 8	Wednesday - 9	Thursday – 10	Friday -11	Saturday - 12
10:00am Exercise in TV Room with Loretta **11:00am-12:00pm** In the Secret Garden: Garden Walk with the RA's **1:30pm** Loretta's Lyrics with Loretta **4:00-5:00pm** In the Secret Garden: Afternoon Stretches with the RA's **7:00-8:00pm** In the Secret Garden: Relax in Nature with the RA's	**10:00am** Exercise in TV Room with Loretta **11:00am-12:00pm** In the Secret Garden: Labyrinth Walk with the RA's **1:30pm** Labor Day with Loretta **4:00-5:00pm** In the Secret Garden: Bird Watching with the RA's **7:00-8:00pm** In the Secret Garden: Evening relaxation with the RA's	**10:00am** Exercise in TV Room with Will **11:00am-12:00pm** In the Secret Garden: Relaxation in the Garden RA's **1:30pm** Remember When: Wilford Brimley with Loretta **4:00-5:00pm** In the Secret Garden: Afternoon Stretches with the RA's **7:00-8:00pm** In the Secret Garden: Twilight walk with the RA's	**10:00am** Exercise in TV Room with Jo **11:00am-12:00pm** In the Secret Garden: Relaxation Music with the RA's **1:30pm** Trivia with Paulina **4:00-5:00pm** In the Secret Garden: Labyrinth Walk with the RA's **7:00-8:00pm** In the Secret Garden: Twilight walk with the RA's	**10:00am** Exercise in TV Room with Loretta **11:00am-12:00pm** In the Secret Garden: Garden Walk with the RA's **1:30pm** Hearthside reader: Classical Music with Loretta **4:00-5:00pm** In the Secret Garden: Bird Watching with the RA's **7:00-8:00pm** In the Secret Garden: Twilight walk with the RA's	**10:00am** Exercise in TV Room with Will **11:00am-12:00pm** In the Secret Garden: Labyrinth Walk with the RA's **1:30pm** Horse Shoes with Paulina/Will **4:00-5:00pm** In the Secret Garden: Afternoon Stretches with the RA's **7:00-8:00pm** In the Secret Garden: Twilight walk with the RA's	**10:00am** Exercise in TV Room with RA's **11:00am-12:00pm** In the Secret Garden: Bird Watching with the RA's **1:30pm** Word Ladders in TV Room with RA's **4:00-5:00pm** In the Secret Garden: Garden Walk with the RA's **7:00-8:00pm** In the Secret Garden: Twilight walk with the RA's