



SEASONS

Monday January 17th

SOUP... CARROT & GINGER	2.00/3.50
SOUP... SODIUM REDUCED CHICKEN ORZO	2.50/3.50
CHICKEN PARMESAN Breaded chicken breast topped w/ marinara sauce, parmesan & mozzarella cheese. Served over creamy polenta w/ 1 side	11.00
CREAMY POLENTA	1.25
ROASTED VEGETABLES	1.25
CANNOLI	2.75

Tuesday January 18th

SOUP... FIVE ONION	2.00/3.50
SOUP... SODIUM REDUCED CHICKEN ORZO	2.00/3.50
CRANBERRY PORK CHOP Grilled boneless pork chop glazed w/ sweet cranberry sauce. Served w/ 2 sides	11.00
PIEROGIES	1.25
PEAS W/ ONIONS	1.25
CHOCOLATE BREAD PUDDING	2.75

Wednesday January 19th

SOUP... NAVY BEAN	2.00/3.50
SOUP...SODIUM REDUCED CHICKEN ORZO	2.00/3.50
PECAN CRUSTED TILAPIA Baked tilapia filet w/ pecan crust. Served w/ 2 sides	11.00 13.00
LEMON RICE PILAF	1.25
ROASTED TOMATOES	1.25
CHERRY COBBLER	2.75

DINNER SERVICE IS FROM 4:00PM TO 6:00PM
PICK UP & DELIVERIES Call X3494 by 4:00PM
for 4PM or 6:30PM Pick up or 6:30PM
DELIVERY

PLEASE CALL (847)843-4260 OR EXT 4260
FOR RESERVATIONS FROM 10:00AM TO
11:00AM

DAILY OR BOOK ON CAREMERGE
MENU SUBJECT TO CHANGE

Thursday January 20th

SOUP...WINTER VEGETABLE	2.00/3.50
SOUP...SODIUM REDUCED CHICKEN ORZO	2.00/3.50
SPAGHETTI BOLOGNESE Spaghetti topped w/ home made meat sauce. Served w/ a garlic breadstick.	10.00
ROASTED CAULIFLOWER	1.25
GARLIC BREADSTICK	1.25
DOUBLE CHOCOLATE CAKE	2.75

Friday January 21st

SOUP...NEW ENGLAND CLAM CHOWDER	2.00/3.50
SOUP...SODIUM REDUCED CHICKEN ORZO	2.00/3.50
SAGE ORANGE CHICKEN Seared breast of chicken w/ fresh sage orange butter	12.00
ROAST GARLIC SMASHED POTATOES	1.25
GREEN BEANS ALMANDINE	1.25
KEY LIME PIE	2.75

Saturday January 22nd

SOUP...SWEET & SOUR	2.00/3.50
SOUP...SODIUM REDUCED CHICKEN ORZO	2.00/3.50
LEMON HERB SALMON Fresh seared salmon w/ lemon herb butter	3oz...9.00 6oz...13.00
BASIL PESTO YUKON POTATOES	1.25
ROASTED BEETS	1.25
CHEF'S CHOICE DESSERT	2.75