

Herman's

Bar & Grill

Monday - Saturday 11:30 - 6:30

Sunday 2:30 - 6:30 PM

Daily Specials

Sunday, November 21st

Mashed Potato Bowl 7.00
Mashed potatoes topped w/
corn, scallions cheddar, gravy &
crispy chicken

Soup-Italian Wedding

Monday, November 22nd

Sloppy Joe
BBQ spiced ground beef w/
crispy onions on a toasted bun

**Lunch Soup- Sodium
Reduced mushroom &
Barley**

**Dinner Soup- Carrot &
Ginger**

**Weekly Soup-Sodium
Reduced Chicken Orzo**

Tuesday, November 23rd

Ham & Swiss Melt
Sliced ham, swiss cheese &
pickles in sour dough bread
served w/ honey mustard
dipping sauce

Lunch Soup- Minestrone

Dinner Soup- Five Onion

**Weekly Soup- Sodium
Reduced Chicken Orzo**

Wednesday, November 24th

Pizza Dog
Hot dog in a toasted bun
smothered with pizza sauce &
mozzarella cheese

Lunch Soup - Pepper Pot

Dinner Soup - Navy Bean

**Weekly Soup -Sodium
Reduced Chicken Orzo**

Thursday, November 25th

Mac N Cheese
House made smoke gouda mac n
cheese w/ bacon, peas, broccoli
& a crispy bbq potato crust

Lunch Soup- Chili

Dinner Soup- Chili

**Weekly Soup-Sodium
Reduced Chicken Orzo**

Friday, November 26th

Nacho Chicken Sandwich
Seared chicken breast w/ cheese
sauce, pico de gallo & crispy
tortilla straws on a toasted bun

Lunch Soup- Vegetable

**Dinner Soup- Sodium
Reduced New England Clam
Chowder**

**Weekly Soup- Sodium
Reduced Chicken Orzo**

Saturday, November 27th

**Lunch Soup- Sodium
Reduced Lentil & Spinach**

**Dinner Soup- Sodium
Reduced Sweet & Sour**

**Weekly Soup- Sodium
Reduced Chicken Orzo**

MAKE IT A FIT MEAL!

**Substitute the side of any
entrée with a small garden
salad or hand fruit**