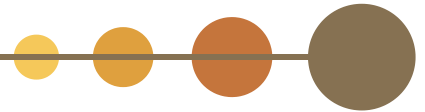


# Herman's

## Bar & Grill

Monday - Saturday 11:30 - 6:30

Sunday 2:30 - 6:30 PM



## Daily Specials

### Sunday, January 9th

**Philly Mac n Cheese 7.00**  
Pasta w/ shaved beef, peppers & onions & smothered w/ house made cheese sauce

**Soup-Navy Bean**

### Monday, January 10th

**BBQ Chicken Sandwich**  
Grilled chicken w/ bbq sauce, red onion & cheddar cheese on a toasted bun

**Lunch Soup- Chicken Noodle**

**Dinner Soup- Winter Squash & Root Vegetable**

**Weekly Soup-Sodium**

**Reduced Sweet & Sour**

### Tuesday, January 11th

**Turkey Pita**  
Turkey, spinach, red onion, provolone cheese & ranch on a toasted pita bread

**Lunch Soup- Sodium**

**Reduced Lentil & Spinach**

**Dinner Soup- Beef Vegetable**

**Weekly Soup- Sodium**

**Reduced Sweet & Sour**

### Wednesday, January 12th

**Tomato Basil Grilled Cheese**  
Mozzarella, provolone & fresh basil on sourdough

**Lunch Soup - Vegetable**

**Dinner Soup - Tomato Bisque**

**Weekly Soup -Sodium**

**Reduced Sweet & Sour**

### Thursday, January 13th

**Taco Burger**

Seasoned ground beef, pico de gallo, shredded lettuce, cheddar cheese, & sour cream on a toasted bun

**Lunch Soup- Chili**

**Dinner Soup- Chili**

**Weekly Soup-Sodium**

**Reduced Sweet & Sour**

### Friday, January 14th

**Loaded BBQ Pork Baked Potato**

Baked potato w/ pulled pork, coleslaw & shredded cheddar cheese

**Lunch Soup- Fish Chowder**

**Dinner Soup- Egg Drop**

**Weekly Soup- Sodium**

**Reduced Sweet & Sour**

### Saturday, January 15th

**Lunch Soup- Split Pea**

**Dinner Soup- Mushroom Barley**

**Weekly Soup- Sodium**

**Reduced Sweet & Sour**

**MAKE IT A FIT MEAL!**

Substitute the side of any entrée with a small garden salad or hand fruit