

Sunday - 10	Monday - 11	Tuesday - 12	Wednesday - 13	Thursday - 14	Friday - 15	Saturday - 16
<p>7:00,8:00,9:00AM FTV Morning Prayer <b>Channel 1901</b></p> <p>9:30 Sit &amp; Fit <b>Channel 1901</b></p> <p>10:00 Progressive Muscle Relaxation <b>Channel 1901</b></p> <p>10:30 Village Worship <b>Channel 1901</b></p> <p>11:00 Sunday School Songs with Chaplain Jon <b>Channel 1901</b></p> <p>1:00 Rosary Prayer <b>Channel 1901</b></p> <p>2:00 Fun Facts About Elvis <b>Channel 1901,</b></p> <p>3:00 Hymn Sing with Jon, <b>Channel 1901</b></p> <p>5:30 Trivia Night! <b>Channel 1901</b></p> <p>6:00 Old Time Radio Shows <b>Channel 1902</b></p> <p><b>Handout: January Puzzle Packet</b></p>	<p>7:00,8:00,9:00AM Morning Prayer <b>Channel 1901</b></p> <p>10:00 Professor Gary Midkiff - The Presidency of William McKinley <b>Channel 1902</b></p> <p>10:00 Seated Ballet <b>Channel 1901</b></p> <p>12:00 Mindful Movement <b>Channel 1901</b></p> <p>2:00 Sit &amp; Fit <b>Channel 1901</b></p> <p>2:30 January Trivia Sylvia <b>Channel 1901</b></p> <p>5:30 Trivia Night! <b>Channel 1901</b></p> <p>6:00 Old Time Radio Shows <b>Channel 1902</b></p> <p>7:00 Monday Musical <b>Channel 1901</b></p> <p><b>Handout: Remember When John le Carre</b></p>	<p>7:00,8:00,9:00AM Morning Prayer <b>Channel 1901</b></p> <p>9:15 Sit &amp; Fit <b>Channel 1901</b></p> <p>11:00 Professor Gary Midkiff - The Presidency of William McKinley <b>Channel 1901</b></p> <p>1:00 Healthy Hands <b>Channel 1901</b></p> <p>1:30 Fun Facts 10 Famous Stars <b>Channel 1901</b></p> <p>2:00 Upper Body Ballet <b>Channel 1901</b></p> <p>4:00 Hymn Sing with Jon <b>Channel 1901</b></p> <p>5:30 Trivia Night! <b>Channel 1901</b></p> <p>6:00 Old Time Radio Shows <b>Channel 1902</b></p> <p><b>Special Cart: Tea and Muffins</b></p>	<p>7:00,8:00,9:00AM Morning Prayer <b>Channel 1901</b></p> <p>9:15 Sit &amp; Fit <b>Channel 1901</b></p> <p>11:30 Breathe, Stretch &amp; Strengthen <b>Channel 1901</b></p> <p>12:30 Professor Gary Midkiff - he Presidency of William McKinley <b>Channel 1901</b></p> <p>1:30 Centering Prayer <b>Channel 1901</b></p> <p>2:30 Snowdrop flower Presentation Circle Gardening - weekly presentation <b>Channel 1901</b></p> <p>5:30 Trivia Night! <b>Channel 1901</b></p> <p>6:00 Old Time Radio Shows <b>Channel 1902</b></p> <p><b>Handout: Biography of Joan Crawford</b></p>	<p>7:00,8:00,9:00AM Morning Prayer <b>Channel 1901</b></p> <p>10:00 Enslavement to Emancipation <b>Channel 1901</b></p> <p>11:00 Mindful Movement <b>Channel 1901</b></p> <p>12:00 YoStretch with Jill <b>Channel 1901</b></p> <p>1:30 Sit &amp; Fit <b>Channel 1901</b></p> <p>2:00 Bingo, "Live"! <b>Channel 1902</b></p> <p>4:00 January Trivia with Sylvia, <b>Channel 1901</b></p> <p>5:30 Trivia Night! <b>Channel 1901</b></p> <p>6:00 Old Time Radio Shows <b>Channel 1902</b></p> <p><b>Handout: Does it Jive in the 1940's</b></p>	<p>7:00,8:00,9:00AM Morning Prayer <b>Channel 1901</b></p> <p>9:15 Chair Yoga with Carolyn <b>Channel 1901</b></p> <p>9:45 Sit &amp; Fit <b>Channel 1901</b></p> <p>10:00 Roosevelt Winter Lecture - Climate Change <b>Channel 1902</b></p> <p>11:00 Healthy Hands <b>Channel 1901</b></p> <p>12:00 Live! Lunchtime TV Bingo <b>Channel 1902</b></p> <p>12:00 Hymn Sing with Jon <b>Channel 1901</b></p> <p>1:00 Rosary Prayer <b>Channel 1901</b></p> <p>6:00 Old Time Radio Shows <b>Channel 1902</b></p> <p><b>Handout: Short Story: In the Walls of a Fab Forties Bungalow</b></p>	<p>7:00,8:00,9:00AM Morning Prayer <b>Channel 1901</b></p> <p>10:00 Sit &amp; Fit <b>Channel 1901</b></p> <p>10:30 Enslavement to Emancipation <b>Channel 1901</b></p> <p>11:30 Mindful Movement <b>Channel 1901</b></p> <p>12:00 Sing-along with Carla <b>Channel 1901</b></p> <p>4:00 Snowdrop flower Presentation Circle Gardening <b>Channel 1901</b></p> <p>5:30 Karaoke <b>Channel 1901</b></p> <p>5:30 Trivia Night! <b>Channel 1901</b></p> <p>6:00 Old Time Radio Shows <b>Channel 1902</b></p>

**Amaryllis on the 3<sup>rd</sup> Floor**  
**Walk the Labyrinth located on the 1<sup>st</sup> floor**  
**Bingo Live on channel 1902**  
 Thursday at 2:00pm and Friday at 12:00pm