

Regular	Briarwood & Willows						Week 1
Sunday, 1/9/2022	Monday, 1/10/2022	Tuesday, 1/11/2022	Wednesday, 1/12/2022	Thursday, 1/13/2022	Friday, 1/14/2022	Saturday, 1/15/2022	
Breakfast							
Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	Fresh Fruit Salad	
Old-Fashioned Oatmeal	Old-Fashioned Oatmeal	Old-Fashioned Oatmeal	Old-Fashioned Oatmeal	Old-Fashioned Oatmeal	Old-Fashioned Oatmeal	Old-Fashioned Oatmeal	
Breakfast Casserole	Egg and Cheese Strata	Denver Scrambled Eggs	Egg Scramble with Veggies	Bacon, Chili and Pepper Jack Quiche	Spinach and Tomato Omelet	Breakfast Monte Cristo	
	Pork Bacon		Sausage Link		Grilled Ham		
Iced Cinnamon Roll	Hash Browns	Sauteed Breakfast Potatoes	Glazed Donut	Pancakes	Blueberry Muffin		
Lunch							
French Onion Soup	Chicken Noodle Soup	Lentil and Spinach Soup	Vegetable Soup	Beef Chili	Fish Chowder	Split Pea Soup	
Sweet and Sour Soup	Sweet and Sour Soup	Sweet and Sour Soup	Sweet and Sour Soup	Sweet and Sour Soup	Sweet and Sour Soup	Sweet and Sour Soup	
Hot Dog on a Bun w/ condiments	Oven Fried Chicken Thigh	Cuban Sandwich	Salisbury Steak with Onion Gravy	Texas Toast Grilled Cheese Sandwich	Moroccan Spiced Turkey Meatballs	Pulled Pork Sandwich	
Cheese Pizza	Tuna Garden Salad	Battered Fish Sandwich	Open Faced Turkey Sandwich with Brie	Ham with Brown Sugar Glaze	Black Bean Burger, Whole Wheat Bun	Meatloaf with Brown Gravy	
Baked Acorn Squash	Stewed Tomatoes	Coleslaw	Broccoli, Carrots, Cauliflower Medley	Marinated Beet Salad w/ Feta Cheese	Baked Butternut Squash	Glazed Carrots	
Bistro Chips	Baked Potatoes		Mashed Potatoes	Baked Sweet Potato	Rice Pilaf w/ Mushrooms	Mashed Potatoes	
Chocolate Chip Cookie	Lemon Meringue Pie	Cranberry Orange Bars	Lemon Cupcake	Peach Crisp	Cappuccino Walnut Brownies	Fruit Compote	
Dinner							
Navy Bean Soup	Winter Squash & Root Vegetable Soup	Beef Vegetable Soup	Tomato Bisque Soup with Basil	Onion and Mushroom Soup	Egg Drop Soup	Mushroom and Barley Soup	
Sweet and Sour Soup	Sweet and Sour Soup	Sweet and Sour Soup	Sweet and Sour Soup	Sweet and Sour Soup	Sweet and Sour Soup	Sweet and Sour Soup	
Braised Beef Pot Roast	Eggplant Parmesan	Chicken Florentine	Baked Salmon w/ Lemon and Olive Oil	Deluxe Hamburger	Beef Stroganoff	Roasted Turkey Breast	
Pesto Crusted Cod	Chicken Pot Pie	Shrimp with Tortellini	Pork Loin with Gravy	Classic Chicken Cacciatore	Lemon Pepper White Fish	Smoked Sausage with Sauerkraut	
Mashed Potatoes	Buttered Orzo	Red Potatoes	Brown Rice	Rosemary Roasted Potato	Buttered Egg Noodles	Hot German Potato Salad	
Chopped Spinach	Fresh Steamed Carrots	Steamed Broccoli	Roasted Vegetables	Garlic Green Beans	Fresh Braised Greens	Roasted Beets	
Apple Orchard Bar	Chocolate Mousse	Pineapple Upside Down Cake	Chocolate Tart	Red Velvet Cake	Roasted Pears	Banana Cream Pie	