

**Aug-20**  
Friendship Village Schaumburg

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>30</b>	<b>31</b>					<b>1</b>
<b>10:00am-10:30am</b> FTV Progressive Muscle <b>10:00am-10:30am</b> FTV Progressive Muscle <b>10:35am-10:55am</b> FTV 1901 Village Worship, <b>11:00am-11:25am</b> FTV 1901 Sunday School	<b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>10:00am-12:00pm</b> Arts and Crafts- Open <b>1:30pm-2:00pm</b> Healthy Hands, FTV 1901					<b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>10:30am-11:00am</b> Mindful Movement TV, FTV <b>12:30pm-2:00pm</b> CANCELLED - Everyone's An <b>1:30pm-2:00pm</b> Seated Upper Body Ballet TV,
<b>2</b>	<b>3</b>	<b>4</b>	<b>5</b>	<b>6</b>	<b>7</b>	<b>8</b>
<b>10:00am-10:30am</b> FTV Progressive Muscle Relaxation, FTV 1901	<b>9:00am-9:30am</b> Forever Fit, BWP FC <b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>9:45am-10:15am</b> Aqua Class, BWP FC <b>10:00am-12:00pm</b> Arts and Crafts- Open <b>11:00am-12:00pm</b> Sit and Fit, BWP FC <b>1:30pm-2:00pm</b> Healthy Hands, FTV 1901	<b>9:00am-9:30am</b> Independent Swim, Pool <b>9:15am-9:45am</b> Seated YoStretch TV, FTV <b>10:00am-10:30am</b> Forever Fit, BWP FC <b>10:30am-11:30am</b> Quarterly Remembrance <b>10:30am-12:00pm</b> Men's Group- Fishing, Sum <b>11:00am-11:30am</b> Breathe, Stretch, <b>1:00pm-1:30pm</b> Balance, BWP FC <b>1:30pm-2:00pm</b> Sit and Stay Fit TV, FTV 1901 <b>2:00pm-3:00pm</b> Arts and Crafts- Watermelon <b>3:00pm-3:30pm</b> Resident Rosary Group, SG <b>6:30pm-8:30pm</b> Co-ed Wii Bowling - BG, A386	<b>9:15am-9:45am</b> Sit and Fit TV, FTV 1901 <b>9:45am-10:15am</b> Aqua Class, BWP FC <b>10:00am-12:00pm</b> Model Train Club, CE <b>10:15am-11:00am</b> Village Worship, FTV 1901 <b>11:00am-11:30am</b> Mindful Movement TV, FTV <b>11:30am-12:00pm</b> Healthy Hands TV, FTV <b>1:30pm-2:30pm</b> Centering Prayer, Chp <b>2:00pm-3:00pm</b> Seated Exercise Bingo TV, FTV	<b>9:00am-9:30am</b> Sit and Fit, BWP FC <b>11:00am-11:30am</b> Healthy Hands, BWP FC <b>1:00pm-1:30pm</b> Chair Chi TV, FTV 1901 <b>1:00pm-4:00pm</b> Men's Wii Bowling, BWP <b>2:00pm-2:30pm</b> Sit and Stay Fit TV, FTV 1901 <b>2:00pm-3:00pm</b> FTV Bingo, "Live!", FTV 1902 <b>7:00pm-8:00pm</b> Conversation BWP 2nd floor-	<b>9:00am-9:30am</b> Forever Fit, BWP FC <b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>9:45am-10:15am</b> Aqua Class, BWP FC <b>11:00am-11:30am</b> Balance, BWP FC <b>11:00am-11:30am</b> Mindful Movement TV, FTV <b>12:00pm-2:00pm</b> Women's Wii Bowling,	<b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>10:30am-11:00am</b> Mindful Movement TV, FTV <b>1:30pm-2:00pm</b> Seated Upper Body Ballet TV,
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>	<b>14</b>	<b>15</b>
<b>10:00am-10:30am</b> FTV Progressive Muscle <b>10:00am-10:30am</b> FTV Progressive Muscle <b>10:35am-10:55am</b> FTV 1901 Village Worship, <b>11:00am-11:25am</b> FTV 1901 Sunday School	<b>9:00am-9:30am</b> Forever Fit, BWP FC <b>9:00am-9:30am</b> Ind Swim, BWP FC <b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>9:45am-10:15am</b> Aqua, BWP FC <b>10:00am-12:00pm</b> Arts and Crafts- Open <b>11:00am-11:30am</b> Sit & Fit, BWP FC <b>1:30pm-2:00pm</b> Healthy Hands, FTV 1901	<b>9:15am-9:45am</b> Seated YoStretch TV, FTV <b>9:30am-10:00am</b> Culinary Corner Sarah's <b>11:00am-11:30am</b> Breathe, Stretch, <b>11:00am-11:30am</b> Ind Swim, BWP FC <b>12:00pm-1:00pm</b> Balance, BWP FC <b>1:30pm-2:00pm</b> Sit and Stay Fit TV, FTV 1901 <b>2:00pm-2:30pm</b> Ind Swim, BWP FC <b>3:00pm-3:30pm</b> Resident Rosary Group, SG <b>3:00pm-4:00pm</b> Book Club, Birch Conf	<b>9:15am-9:45am</b> Sit and Fit TV, FTV 1901 <b>9:45am-10:15am</b> Aqua, BWP FC <b>10:00am-12:00pm</b> Model Train Club, CE <b>10:15am-11:00am</b> Village Worship, FTV 1901 <b>11:00am-11:30am</b> Mindful Movement TV, FTV <b>11:30am-12:00pm</b> Healthy Hands TV, FTV <b>1:00pm-1:30pm</b> Balance, BWP FC <b>1:30pm-2:30pm</b> Centering Prayer, Chp <b>2:00pm-3:00pm</b> Seated Exercise Bingo TV, FTV 1901	<b>9:00am-9:30am</b> Sit & Fit, BWP FC <b>10:00am-10:30am</b> Ind Swim, BWP FC <b>11:00am-11:30am</b> Ind Swim, BWP FC <b>1:00pm-1:30pm</b> Chair Chi TV, FTV 1901 <b>1:00pm-1:30pm</b> Ind Swim, BWP FC <b>1:00pm-4:00pm</b> Men's Wii Bowling, BWP <b>1:30pm-2:30pm</b> Activities Committee <b>2:00pm-3:00pm</b> FTV Bingo, "Live!", FTV 1902 <b>2:00pm-2:30pm</b> Sit and Stay Fit TV, FTV 1901	<b>9:00am-9:30am</b> Forever Fit, BWP FC <b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>9:45am-10:15am</b> Aqua, BWP FC <b>11:00am-11:30am</b> Balance, BWP FC <b>11:00am-11:30am</b> Mindful Movement TV, FTV <b>12:00pm-2:00pm</b> Women's Wii Bowling, <b>1:00pm-1:30pm</b> Ind Swim, BWP FC	<b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>10:30am-11:00am</b> Mindful Movement TV, FTV <b>1:30pm-2:00pm</b> Seated Upper Body Ballet TV,
<b>16</b>	<b>17</b>	<b>18</b>	<b>19</b>	<b>20</b>	<b>21</b>	<b>22</b>
<b>10:00am-10:30am</b> FTV Progressive Muscle <b>10:00am-10:30am</b> FTV Progressive Muscle <b>10:35am-10:55am</b> FTV 1901 Village Worship, <b>11:00am-11:25am</b> FTV 1901 Sunday School	<b>9:00am-9:30am</b> Forever Fit, BWP FC <b>9:00am-9:30am</b> Ind Swim, BWP FC <b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>9:45am-10:15am</b> Aqua, BWP FC <b>10:00am-12:00pm</b> Arts and Crafts- Open <b>11:00am-11:30am</b> Sit & Fit, BWP FC <b>1:30pm-2:00pm</b> Healthy Hands, FTV 1901	<b>9:15am-9:45am</b> Seated YoStretch TV, FTV <b>11:00am-11:30am</b> Breathe, Stretch, <b>11:00am-11:30am</b> Ind Swim, BWP FC <b>12:00pm-1:00pm</b> Balance, BWP FC <b>1:00pm-2:00pm</b> Senior Scam Prevention - <b>1:30pm-2:00pm</b> Sit and Stay Fit TV, FTV 1901 <b>2:00pm-3:00pm</b> Sacred Story Circle - <b>2:00pm-3:00pm</b> Creative Writing Group, PR <b>2:00pm-2:30pm</b> Ind Swim, BWP FC <b>3:00pm-3:30pm</b> Resident Rosary Group, SG	<b>9:15am-9:45am</b> Sit and Fit TV, FTV 1901 <b>9:45am-10:15am</b> Aqua, BWP FC <b>10:00am-12:00pm</b> Model Train Club, CE <b>10:15am-11:00am</b> Village Worship, FTV 1901 <b>11:00am-11:30am</b> Mindful Movement TV, FTV <b>11:30am-12:00pm</b> Healthy Hands TV, FTV <b>1:30pm-2:30pm</b> Centering Prayer, Chp <b>2:00pm-3:00pm</b> Seated Exercise Bingo TV, FTV <b>7:00pm-8:00pm</b> Bluestone, Live!, Blue	<b>9:00am-9:30am</b> Sit & Fit, BWP FC <b>10:00am-10:30am</b> Ind Swim, BWP FC <b>11:00am-11:30am</b> Ind Swim, BWP FC <b>1:00pm-4:00pm</b> Men's Wii Bowling, BWP <b>1:00pm-1:30pm</b> Ind Swim, BWP FC <b>1:00pm-1:30pm</b> Chair Chi TV, FTV 1901 <b>2:00pm-2:30pm</b> Sit and Stay Fit TV, FTV 1901 <b>2:00pm-3:00pm</b> FTV Bingo, "Live!", FTV 1902	<b>9:00am-9:30am</b> Forever Fit, BWP FC <b>9:00am-10:00am</b> AH-Pom Pom Squad, AH <b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>9:45am-10:15am</b> Aqua, BWP FC <b>11:00am-11:30am</b> Balance, BWP FC <b>11:00am-11:30am</b> Mindful Movement TV, FTV <b>12:00pm-2:00pm</b> Women's Wii Bowling, <b>1:00pm-1:30pm</b> Ind Swim, BWP FC <b>2:00pm-3:00pm</b> Bingo!, AH	<b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>10:30am-11:00am</b> Mindful Movement TV, FTV <b>1:30pm-2:00pm</b> Seated Upper Body Ballet TV,
<b>23</b>	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>	<b>29</b>
<b>10:00am-10:30am</b> FTV Progressive Muscle <b>10:00am-10:30am</b> FTV Progressive Muscle <b>10:35am-10:55am</b> FTV 1901 Village Worship, <b>11:00am-11:25am</b> FTV 1901 Sunday School	<b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>10:00am-12:00pm</b> Arts and Crafts- Open <b>1:30pm-2:00pm</b> Healthy Hands, FTV 1901	<b>9:15am-9:45am</b> Seated YoStretch TV, FTV <b>9:30am-10:00am</b> Culinary Corner Sarah's <b>11:00am-11:30am</b> Breathe, Stretch, <b>1:30pm-2:00pm</b> Sit and Stay Fit TV, FTV 1901 <b>3:00pm-3:30pm</b> Resident Rosary Group, SG	<b>9:15am-9:45am</b> Sit and Fit TV, FTV 1901 <b>10:00am-12:00pm</b> Model Train Club, CE <b>10:15am-11:00am</b> Village Worship, FTV 1901 <b>11:00am-11:30am</b> Mindful Movement TV, FTV <b>11:30am-12:00pm</b> Healthy Hands TV, FTV <b>1:30pm-2:30pm</b> Centering Prayer, Chp <b>2:00pm-3:00pm</b> Seated Exercise Bingo TV, FTV 1901	<b>1:00pm-1:30pm</b> Chair Chi TV, FTV 1901 <b>1:00pm-4:00pm</b> Men's Wii Bowling, BWP <b>2:00pm-2:30pm</b> Sit and Stay Fit TV, FTV 1901 <b>2:00pm-3:00pm</b> FTV Bingo, "Live!", FTV 1902	<b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>11:00am-11:30am</b> Mindful Movement TV, FTV <b>12:00pm-2:00pm</b> Women's Wii Bowling,	<b>9:15am-9:45am</b> Sit and Stay Fit TV, FTV 1901 <b>10:30am-11:00am</b> Mindful Movement TV, FTV <b>1:30pm-2:00pm</b> Seated Upper Body Ballet TV,

212 GW = 212 Garden Way Outside arts and Crafts = 3rd Floor Outside Arts and Crafts Room 48 GW = 48 Garden Way ACD1 = A/1, C/1 and D/1 A392 = A392 AR = Activity Rm. A1 Atr = Apple 1 Atrium A2 = Apple 2 Atrium A237 = Apple 237 A386 = Apple 3 floor A355 = Apple 355 A386 = Apple 386 A392 = Apple 392 Craft Room A3 Atr = Apple 3rd Floor AP = Apple Parking lot AH = Assembly Hall BG ACD/1 = BG A/1, C/1, D/1 BG MA = BG Main Atrium BG MA = BG Main Atrium B1 = Birch 1st B2 = Birch 2nd SR = Birch 3 Fl. Sensory room B3 = Birch 3rd Fl. B Comp Rm = Birch Computer Room Birch Conf = Birch Conference Center BPL = Birch Parking Lot B1 TV = Birch-1 TV Rm. Blue = Bluestone BA = Bob Atcher BR Corridor = Bob Robinson Corridor BW - Elm 3 = Briarwood - Elm 3 Activity Room D = Briarwood Dining Rooms BW-E = Briarwood Elm Lunchroom F-DR = Briarwood Forest Dining Room BW - G = Briarwood Ginko Lunchroom g = briarwood ginko BRA = Briarwood Reflections Activity Room BRC = Briarwood Reflections Common Area BG = Bridgegate 3rd floor BG Entrance = Bridgegate entrance BG SL = Bridgegate Main Atrium So. Library BWP-3rd fl = Bridgewater- 3rd floor Bus BWP = Bus at Bridgewater Place BWP Butterfly G = Butterfly Garden Bus = BWP & BG Doors for Bus BWP 2 = BWP 2nd BWP 2 & 3 = BWP 2nd & 3rd BWP 3 = BWP 3rd Floor BWP 4th = BWP 4th Floor BWP 5th = BWP 5th Floor BWP 6th = BWP 6th Floor BWP & BG Hosp desks = BWP and BG Hospitality Desks Chapel = BWP Chapel BWP Entrance = BWP Entrance BWP FC = BWP Fitness BWP 2,3,4,5,6 = BWP Floors 2nd, 3rd, 4th, 5th, 6th BWP FC = BWP Friendship Center BWP Game = BWP Game BWP 6 = BWP Place 6th C1 = Cedar 1 Atrium C 3 Atr = Cedar 3rd Chp = Chapel A386 = Circle's Activity room Connector = Connector Fitness CE = Creative Expressions D2 Atr = Dogwood 2 Atrium D3 Atr = Dogwood 3rd Floor D1 Atr = Dogwood Atrium E = Elm Dining Room Outside BWP = Flag Pole outside Bridgewater place F = Forest Dining Room Friends = Friends BWP = Friends Area FH = Friendship Hall FTV 1901 = FTV Channel 1901 FTV 1902 = FTV Channel 1902 Game BWP = Game Area BWP G = Ginko Dining Room HW S = Hallway Outside of Seasons Hallway = Heritage Hallway outside Assembly Hall Her = Herman's HP = Heron Pier Internet Cafe BWP = Internet Cafe BWP Internet Cafe BWP & S. Library BG = Internet Cafe BWP & S. Library BG L = Lounge MA = Main Atrium M = Max's Lounge MOS = Mosaic Restaurant Offsite = Offsite O = Outdoors 110 Pl. Dr. = Outdoors - 110 Pleasant Drive OFC = Outside of Fitness Center Pool = Pool PLR = Pool Locker Room PR RM = Prairie RA = Reflections Activity Room RTV = Reflections TV Room R = Resident Room BWP = Robinson Corridor MG = Roger Smith Memorial Garden I = Room/ Individual Setting S. Lib. BG = S. Library BG SC = Salt Creek SG = Sarahs Grove Seasons = Seasons SG = Secret Garden SR = Sensory Rm. SE of GW = South End of Garden Way S. Library BG = South Library Bridgegate Sum Gar = Summer Garden TBD = TBD Pier = The Pier TBD = To Be Determined T & T = Trips and Travel TV Rm = TV Rm. VSG = Village Square Garden WC = Willows Conference Room WD = Willows Dining Room Winter Garden = Winter Garden WG = Wintergarden WR = Woodfield Room WFR = Woodfield Room