

# May 2019

## Briarwood Forest Recreational Activities

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key			1	2	3	4
<b>G=Gingko</b> <b>E=Elm</b> <b>F=Forest</b> <b>M=Max's Lounge</b> <b>BOLD= All House Activity</b> <b>A= Assisted Living</b>		<b>Activities are Subject to Change</b> <b>Individual &amp; Small Group Activities are offered daily</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Morning Group, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Sing a Long W/Larry, F</b> <b>4:00 News Currents W/Ricardo, F</b> <b>7:00 Washer Toss, F</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Gym on The Go, F</b> <b>10:30 Sensory Cart, F</b> <b>11:15 Read &amp; Reminisce, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Reader's Theater, F</b> <b>4:00 Travelogue</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Prize Bingo, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Cinco De Mayo Party W/Chris Colletti, F</b> <b>4:00 Reminiscing, F</b>	<b>10:30 Exercise Class, F</b> <b>10:30 Show &amp; Tell Visits, F</b> <b>11:15 Brain Games, F</b> <b>1:30 Open Recreation, F</b> <b>2:30 Candy Bar Bingo, F</b> <b>4:00 Relax W/Music</b>
5	6	7	8	9	10	11
<b>9:30 Catholic Communion Visits, F</b> <b>10:30 Exercise Class, F</b> <b>11:15 Music &amp; Massage, F</b> <b>1:30 Open Recreation, F</b> <b>2:30 Cinco De Mayo Social, F</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Rosary &amp; Communion, F</b> <b>11:15 Good Morning Group, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Crafter's Corner: Nurses Thank you cards, F</b> <b>4:00 Sing a Longs</b> <b>7:00 Table Games W/Leticia, F</b> <b>National</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Chapel, F</b> <b>11:15 Balloon Toss, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Spa &amp; Nails</b> <b>4:00 Trivia, F</b> <b>7:00 Karaoke, F</b> <b>Nurses</b>	<b>Week</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Gym on The Go, F</b> <b>10:30 Sensory Cart, F</b> <b>11:15 Read &amp; Reminisce, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Catholic Mass, F</b> <b>4:00 Travelogue</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Flower Arranging W/ Circle of Friends, AL</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Prize Bingo, F</b> <b>4:00 Reminiscing, F</b>	<b>10:30 Exercise Class, F</b> <b>10:30 Show &amp; Tell Visits, F</b> <b>11:15 Brain Games, F</b> <b>1:30 Open Recreation, F</b> <b>2:30 Prize Bingo, F</b> <b>4:00 Relax W/Music</b>
12	13	14	15	16	17	18
<b>9:30 Catholic Communion Visits, F</b> <b>10:30 Exercise Class, F</b> <b>11:15 Music &amp; Massage, F</b> <b>1:30 Open Recreation, F</b> <b>2:30 Mother's Day Social, F</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Rosary &amp; Communion, F</b> <b>11:15 Good Morning Group, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Appreciation Gifts From IL Arts And Crafts Ladies, F</b> <b>4:00 Sing a Longs</b> <b>7:00 Table Games W/Leticia, F</b> <b>National</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Chapel, F</b> <b>11:15 Balloon Toss, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Walgreen's Beauty Day, F</b> <b>4:00 Trivia, F</b> <b>7:00 UNO, F</b> <b>Nursing</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Morning Group, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Cooking Class: Ground Beef Tacos</b> <b>4:00 News Currents W/Ricardo, F</b> <b>7:00 Balloon Volleyball, F</b> <b>Home</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Gym on The Go, F</b> <b>10:30 Sensory Cart, F</b> <b>11:15 Read &amp; Reminisce, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Reader's Theater, F</b> <b>4:00 Travelogue</b> <b>Week</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Prize Bingo, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Ice Cream Sundae's W/Roxanne Anzelone, F</b> <b>4:00 Reminiscing, F</b>	<b>10:30 Exercise Class, F</b> <b>10:30 Show &amp; Tell Visits, F</b> <b>11:15 Brain Games, F</b> <b>1:30 Open Recreation, F</b> <b>2:30 Prize Bingo, F</b> <b>4:00 Relax W/Music</b>
19	20	21	22	23	24	25
<b>9:30 Catholic Communion Visits, F</b> <b>10:30 Exercise Class, F</b> <b>11:15 Music &amp; Massage, F</b> <b>1:30 Open Recreation, F</b> <b>2:30 Movie &amp; Popcorn, F</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Rosary &amp; Communion, F</b> <b>11:15 Good Morning Group, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Resident Association Meeting, F</b> <b>4:00 Sing a Longs</b> <b>7:00 Table Games W/Leticia, F</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Chapel, F</b> <b>11:15 Balloon Toss, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Spa and Nails, F</b> <b>4:00 Trivia, F</b> <b>7:00 Karaoke, F</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Morning Group, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Cooking Class: Guacamole and Chips</b> <b>4:00 News Currents W/Ricardo, F</b> <b>7:00 Horseracing, F</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Gym on The Go, F</b> <b>10:30 Sensory Cart, F</b> <b>11:15 Read &amp; Reminisce, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Amita Caring Concert, F</b> <b>4:00 Travelogue</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Prize Bingo, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Volleyball Tournament Forest VS Gingko, F</b> <b>4:00 Reminiscing, F</b>	<b>10:30 Exercise Class, F</b> <b>10:30 Show &amp; Tell Visits, F</b> <b>11:15 Brain Games, F</b> <b>1:30 Open Recreation, F</b> <b>2:30 Prize Bingo, F</b> <b>4:00 Relax W/Music</b>
26	27	28	29	30	31	
<b>9:30 Catholic Communion Visits, F</b> <b>10:30 Exercise Class, F</b> <b>11:15 Music &amp; Massage, F</b> <b>1:30 Open Recreation, F</b> <b>2:30 Movie &amp; Popcorn, F</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Memorial Day Trivia, F</b> <b>11:15 Good Morning Group, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Memorial Day Party W/Terry's Tunes, F</b> <b>Happy Memorial Day</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Chapel, F</b> <b>11:15 Balloon Toss, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Kick Ball, F</b> <b>4:00 Trivia, F</b> <b>7:00 Yahtzee, F</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Morning Group, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Cooking Class: Pico De Gallo &amp; Chips</b> <b>4:00 News Currents W/Ricardo, F</b> <b>7:00 Table Top Bowling, F</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Gym on The Go, F</b> <b>10:30 Sensory Cart, F</b> <b>11:15 Read &amp; Reminisce, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 Dancing W/Terry, F</b> <b>4:00 Travelogue</b>	<b>9:30 Namaste Group, F</b> <b>10:30 Prize Bingo, F</b> <b>1:30 Open Recreation, F</b> <b>1:30 Namaste Group</b> <b>2:30 May Resident Birthday Party, F</b> <b>4:00 Reminiscing, F</b>	