

# June 2019

## Briarwood Gingko Recreational Activities

| Sunday  | Monday  | Tuesday  | Wednesday   | Thursday  | Friday  | Saturday   |
|---|---|--|---|---|---|--|
| <b>Location Key</b><br><b>G=Gingko</b><br><b>E=Elm</b><br><b>F=Forest</b><br><b>BOLD= All House Activity</b><br><b>A= Assisted Living</b> |    | Small Group and one to one Activities offered Daily as needed!<br><br>Activities Subject to Change Based on Resident Choice                | <br>First Day of Summer  | Activities are Subject To Change<br>Individual & Small Group Activities are offered daily   | <br>Celebrating Ice Tea Month  | 1<br><br>10:30 Exercise Class<br>10:45 Namaste Group<br>11:15 Brain Games<br><b>2:30 Candy Bar Bingo, F</b><br>4:00 Room Visits, G |
| 2   | 3   | 4  | 5   | 6   | 7   | 8  |
| <b>9:30 Catholic Communion Visits, G</b><br>10:30 Exercise Class, G<br>10:45 Show & Tell Visits, G<br><b>2:30 Active Games, G</b>         | 10:30 Rosary & Communion, F<br>10:45 Namaste Group, G<br><b>2:00 Green Smoothie Demo W/Nutritionist, F</b><br>7:00 Table Games W/ Paulita, G              | <b>10:30 Gym on the Go, G</b><br>10:30 Namaste Group, G<br>11:15 Brain Games, G<br><b>2:30 Spa &amp; Nails, G</b><br>7:00 Sing a Long, G   | <b>10:30 Prize Bingo, G</b><br><b>2:30 Sing a Long W/Larry, F</b><br>4:00 Relax W/Music, G<br>7:00 Trivia   | <b>10:30 Chapel, G</b><br>11:15 Good Morning Group, G<br><b>2:30 Reader's Theater, F</b><br>4:00 Relax W/Music, G<br>7:00 Room Visits     | <b>10:30 News Currents W/ Ricardo, G</b><br>10:30 Namaste Group, G<br><b>2:30 Culinary Circle, F</b><br>7:00 Open Recreation, G   | 10:30 Exercise Class<br>10:45 Namaste Group<br>11:15 Brain Games<br><b>2:30 Prize Bingo, F</b><br>4:00 Room Visits, G              |
| 9   | 10  | 11   | 12  | 13  | 14  | 15   |
| <b>9:30 Catholic Communion Visits, G</b><br>10:30 Exercise Class, G<br>10:45 Show & Tell Visits, G<br><b>2:30 Active Games, G</b>         | 10:30 Rosary & Communion, F<br>10:45 Namaste Group, G<br><b>2:30 Crafter's Corner: Thank you Cards for The C.N.A.'s</b><br>7:00 Table Games W/ Paulita, G | <b>10:30 Gym on the Go, G</b><br>10:30 Namaste Group, G<br>11:15 Brain Games, G<br><b>2:30 Crossword Puzzles, G</b><br>7:00 Sing a Long, G | <b>10:30 Prize Bingo, G</b><br><b>2:30 Sing a Long W/Larry, G</b><br>4:00 Relax W/Music, G<br>7:00 Trivia   | <b>10:30 Chapel, G</b><br>11:15 Good Morning Group, G<br><b>2:30 Catholic Mass, F</b><br>4:00 Relax W/Music, G<br>7:00 Room Visits        | <b>10:30 News Currents W/ Ricardo, G</b><br>10:30 Namaste Group, G<br><b>2:30 June Birthday Party W/Youz Guyz, F</b><br>7:00 Open Recreation, G                           | 10:30 Exercise Class<br>10:45 Namaste Group<br>11:15 Brain Games,<br><b>2:30 Prize Bingo, F</b><br>4:00 Room Visits, G             |
| 16  | 17  | 18   | 19  | 20  | 21  | 22   |
| <b>9:30 Catholic Communion Visits, G</b><br>10:30 Exercise Class, G<br>10:45 Show & Tell Visits, G<br><b>2:30 Father's Day Social, F</b>  | 10:30 Rosary & Communion, F<br>10:45 Namaste Group, G<br><b>2:30 Crafter's Corner: Color-Me Carrying Cases, G</b><br>7:00 Table Games W/ Paulita, G       | <b>10:30 Gym on the Go, G</b><br>10:30 Namaste Group, G<br>11:15 Brain Games, G<br><b>2:30 Spa &amp; Nails, G</b><br>7:00 Sing a Long, G   | <b>10:00 La Petite Day Care Visits, F</b><br><b>10:30 Prize Bingo, G</b><br><b>2:30 Cooking Class: Yogurt Parfaits, G</b><br>4:00 Relax W/Music, G<br>7:00 Trivia | <b>10:30 Chapel, G</b><br>11:15 Good Morning Group, G<br><b>2:30 Reader's Theater, F</b><br>4:00 Relax W/Music, G<br>7:00 Room Visits     | <b>10:30 News Currents W/ Ricardo, G</b><br>10:30 Namaste Group, G<br><b>2:30 Friday Social Root beer Floats &amp; Making Center Pieces, G</b><br>7:00 Open Recreation, G | 10:30 Exercise Class<br>10:45 Namaste Group<br>11:15 Brain Games<br><b>2:30 Prize Bingo, F</b><br>4:00 Room Visits, G              |
| 23  | 24  | 25   | 26  | 27  | 28  | 29   |
| <b>9:30 Catholic Communion Visits, G</b><br>10:30 Exercise Class, G<br>10:45 Show & Tell Visits, G<br><b>2:30 Active Games, G</b>         | 10:30 Rosary & Communion, F<br>10:45 Namaste Group, G<br><b>2:30 Resident Association Meeting, F</b><br>7:00 Table Games W/ Paulita, G                    | <b>10:30 Gym on the Go, G</b><br>10:30 Namaste Group, G<br>11:15 Brain Games, G<br><b>2:30 Crossword Puzzles, G</b><br>7:00 Sing a Long, G | 10:00 Namaste Group, G<br><b>10:30 Prize Bingo, G</b><br><b>2:30 Cooking Class: Chili Cheese Dip, F</b><br>4:00 Relax W/Music, G<br>7:00 Trivia                   | <b>10:30 Chapel, G</b><br>11:15 Good Morning Group, G<br><b>2:30 Amita Caring Concert, F</b><br>4:00 Relax W/Music, G<br>7:00 Room Visits | <b>10:30 News Currents W/ Ricardo, G</b><br>10:30 Namaste Group, G<br><b>2:30 Friday Social W/ Ice Tea Social, F</b><br>7:00 Open Recreation, G                           | 10:30 Exercise Class<br>10:45 Namaste Group<br>11:15 Brain Games,<br><b>2:30 Prize Bingo, F</b><br>4:00 Room Visits, G             |
| 30  |   |  |   |   |   |  |
| <b>9:30 Catholic Communion Visits, G</b><br>10:30 Exercise Class, G<br>10:45 Show & Tell Visits, G<br><b>2:30 Movie &amp; Popcorn, G</b>  | Celebrating National Nursing Assistant Week<br>June 13 <sup>th</sup> -June 20 <sup>th</sup>   |   | Patio Time will be allowed<br>Weekly weather permitting   |    | Families are always Welcome to join us in activities while Visiting !   |   |