


January 2019

Briarwood Recreation Activities-Forest

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Location Key		1	2	3	4	5
G=Gingko E=Elm F=Forest M=Max's Lounge BOLD= All House Activity		9:30 Namaste Group 10:30 Move to the Music, F 11:15 Balloon Toss <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Spa & Nails, F 4:00 Trivia, <i>F</i> 6:00 Gather Round, <i>F</i>	9:30 Namaste Group 10:30 Cardio Drumming W/Ann, F 1:30 Open Recreation, <i>F</i> 2:30 Sing a Long W/Larry, F 4:00 News Currents W/Irene, <i>F</i>	9:30 Namaste Group 10:30 Gym on The Go, F 11:15 Read & Reminisce, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Bowling, F 4:00 Relax & Music, <i>F</i>	9:30 Namaste Group 10:30 Prize Bingo, F 1:30 Open Recreation, <i>F</i> 2:30 In Concert W/Liz Goss, F 4:00 Brain Games	10:30 Exercise Class, F 10:30 Show & Tell Visits, <i>F</i> 11:15 Brain Games, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Candy Bar Bingo, F
6	7	8	9	10	11	12
9:30 Catholic Communion Visits, F 10:30 Exercise Class, <i>F</i> 10:45 Show & Tell Visits 1:30 Open Recreation, <i>F</i> 2:30 Living Faith Worship Service-F	9:30 Namaste Group 10:30 Rosary & Communion, F 11:30 Morning Stretch, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Crafter's Corner: Canvas Bags 4:00 Word Search 7:00 Table Games W/ Leticia, <i>F</i>	9:30 Namaste Group 10:30 Chapel, F 11:15 Music & Massage, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Coffee Club Social, F 4:00 Trivia, <i>F</i> 6:00 Gather Round, <i>F</i>	9:30 Namaste Group 10:30 Move to the Music, F 1:30 Open Recreation, <i>F</i> 2:30 Sing a Long W/Larry, G 4:00 News Currents W/ Ricardo, <i>F</i>	9:30 Namaste Group 10:30 Gym on The Go, F 11:15 Read & Reminisce, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Catholic Mass, F 4:00 Relax & Music, <i>F</i>	9:30 Namaste Group 10:30 Prize Bingo, F 1:30 Open Recreation, <i>F</i> 2:30 Reader's Theater, F 4:00 Reminiscing	10:30 Exercise Class, F 10:30 Show & Tell Visits, <i>F</i> 11:15 Brain Games, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Prize Bingo, F
13	14	15	16	17	18	19
9:30 Catholic Communion Visits, F 10:30 Exercise Class, <i>F</i> 10:45 Show & Tell Visits 1:30 Open Recreation, <i>F</i> 2:30 Movies & Popcorn, F	9:30 Namaste Group 10:30 Rosary & Communion, F 11:30 Morning Stretch, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Crafter's Corner: Jewelry Making 4:00 Travelogue 7:00 Open Recreation W/ Leticia, <i>F</i>	9:30 Namaste Group 10:30 Chapel, F 1:30 Open Recreation, <i>F</i> 2:30 Spa & Nails, F 4:00 Trivia, <i>F</i> 6:00 Gather Round, <i>F</i>	9:30 Namaste Group 10:30 Sensory Cart, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Cooking Class: Pigs in Blanket 4:00 News Currents W/ Ricardo, <i>F</i>	9:30 Namaste Group 10:30 Gym on The Go, F 11:15 Read & Reminisce, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Horseracing, F 4:00 Relax & Music, <i>F</i>	9:30 Namaste Group 10:30 Prize Bingo, F 1:30 Open Recreation, <i>F</i> 2:30 Sing a Longs 4:00 Trivia	10:30 Exercise Class, F 10:30 Show & Tell Visits, <i>F</i> 11:15 Brain Games, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Prize Bingo, F
20	21	22	23	24	25	26
9:30 Catholic Communion Visits, F 10:30 Exercise Class, <i>F</i> 10:45 Show & Tell Visits 1:30 Open Recreation, <i>F</i> 2:30 Movies & Popcorn, F	9:30 Namaste Group 10:30 Rosary & Communion, F 11:30 Morning Stretch, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Crafter's Corner: Winter Quilt 4:00 Relax & Music 7:00 Table Games W/ Leticia, <i>F</i>	9:30 Namaste Group 10:30 Chapel, F 11:15 Balloon Toss, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:00 Resident Council Officer Meeting, M 2:30 Hot Chocolate Social, F 4:00 Trivia, <i>F</i> 6:00 Gather Round, <i>F</i>	9:30 Namaste Group 10:30 Sensory Cart, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Cooking Class: English Muffin Pizza 4:00 News Currents W/ Ricardo, <i>F</i>	9:30 Namaste Group 10:30 Gym on The Go, F 11:15 Read & Reminisce, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Flower Arranging, F 4:00 Relax & Music, <i>F</i>	9:30 Namaste Group 10:30 Prize Bingo, F 1:30 Open Recreation, <i>F</i> 2:30 January Birthday Party W/Rudy Ollero, F 4:00 Brain Games	10:30 Exercise Class, F 10:30 Show & Tell Visits, <i>F</i> 11:15 Brain Games, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Prize Bingo, F
27	28	29	30	31		
9:30 Catholic Communion Visits, F 10:30 Exercise Class, <i>F</i> 10:45 Show & Tell Visits 1:30 Open Recreation, <i>F</i> 2:30 Movies & Popcorn, F	9:30 Namaste Group 10:30 Rosary & Communion, F 11:30 Morning Stretch, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Resident Association Meeting, E 4:00 Travelogue 7:00 Open Recreation W/ Leticia, <i>F</i>	9:30 Namaste Group 10:30 Chapel, F 11:15 Parachute Fun, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Spa & Nails, F 4:00 Trivia, <i>F</i> 6:00 Gather Round, <i>F</i>	9:30 Namaste Group 10:30 Pet Visits From Klaus, F 1:30 Open Recreation, <i>F</i> 2:30 Cooking Class: Chocolate Chip Cookies 4:00 News Currents W/ Ricardo, <i>F</i>	9:30 Namaste Group 10:30 Gym on The Go, F 11:15 Read & Reminisce, <i>F</i> 1:30 Open Recreation, <i>F</i> 2:30 Caring Concert W/Amita 4:00 Relax & Music, <i>F</i>	Small Group and one to one Activities offered Daily as needed! Activities Subject to Change Based on Resident Choice	Please Feel Free to Contact Life Enrichment Department For any Recreational Supplies At X5216