

# September 2019

## The Willows at Friendship Village

| Sunday   | Monday  | Tuesday   | Wednesday   | Thursday   | Friday  | Saturday   |
|--|---|---|---|--|---|--|
| 1  | 2   | 3   | 4   | 5  | 6   | 7  |
| <p>9:30am St. Hubert Service<br/><i>Birch 1st</i></p> <p>10:30am Sing Along<br/><i>Birch 2nd</i></p> <p>2:00pm Snack Bingo<br/><i>Birch 2nd</i></p> <p>3:00pm Pet Visit with Archie<br/><i>Birch 3rd</i></p> | <p>9:30am DVD Exercise<br/><i>Birch 2nd</i></p> <p>10:30am X Box Bowling<br/><i>Birch 2nd</i></p> <p>2:00pm Neil Sedaka DVD Concert<br/><i>Birch 2<sup>nd</sup></i></p> <p style="text-align: center;"><b>Labor Day</b></p>   | <p>9:30am Try It!: Chair Yoga <i>Birch 2nd</i></p> <p>10:00am Current Events with Bill - <i>Activity Rm.</i></p> <p>10:00am Walgreen's Outing</p> <p>2:00pm Jeopardy - <i>Birch 1st</i></p> <p>6:30pm Read Aloud: "The 5 People You Meet in Heaven" - <i>Birch 2nd</i></p>                        | <p>9:30am Mindful Movement<br/><i>Birch 2nd</i></p> <p>10:15am Village Worship<br/><i>Birch 1st</i></p> <p>2:00pm Prize Bingo<br/><i>Birch 2nd</i></p> <p>3:30pm Dining Meeting<br/><i>Birch 2nd</i></p>  | <p>9:30am Chair Chi - <i>Birch 2nd</i></p> <p>10:15am Beading - <i>Birch 2nd</i></p> <p>10:15am X Box Bowling - <i>Birch 2nd</i></p> <p>2:00pm 100th NFL Anniversary Tailgate Party- <i>Birch 1st</i></p> <p>3:30pm Rosary Group - <i>Birch 2nd</i></p> <p>7:20pm Bears Vs. Packers Live on NBC - <i>Birch 2nd</i></p>     | <p>9:30am Sit and Fit - <i>Birch 1st</i></p> <p>10:15am Bunco Game - <i>Activity Rm.</i></p> <p>10:30am Sacred Story Circle with Chaplains<br/><i>Activity Rm.</i></p> <p>2:00pm Meet Your Neighbors: Welcome Social <i>Birch 1st</i></p> <p>3:30pm Pinochle- <i>Activity Rm.</i></p> | <p>9:30am Chair Chi with Daisy<br/><i>Birch 2nd</i></p> <p>10:30am X Box Bowling<br/><i>Birch 2nd</i></p> <p>2:00pm In Concert: Bobby C performs Live<br/><i>Birch 1st</i></p>           |
| 8  | 9   | 10  | 11  | 12   | 13  | 14   |
| <p>9:30am St. Hubert Service<br/><i>Birch 1st</i></p> <p>10:30am Sing Along<br/><i>Birch 2nd</i></p> <p>2:00pm Snack Bingo<br/><i>Birch 2nd</i></p>  | <p>10:00am One Rhythm: Community Drum Circle - <i>Birch 1st</i></p> <p>2:00pm Schaumburg Library Presents: "Stay Tuned for Bewitched"<br/><i>Birch 2nd</i></p> <p>3:30pm Silver Games: X Box Bowling- <i>Birch 2nd</i></p>  | <p>9:30am Dancercise with Carla<br/><i>Birch 2nd</i></p> <p>10:00am Current Events with Bill- <i>Activity Rm.</i></p> <p>2:00pm Silver Games: "Name That Tune" - <i>Birch 1st</i></p> <p>7:00pm Resident Hymn Sing<br/><i>BG Main Atrium</i></p>  | <p>9:30am "In the Garden" Photo Booth - <i>Secret Garden</i></p> <p>10:15am Village Worship- <i>Birch 1st</i></p> <p>2:00pm Silver Games: Resident &amp; Staff Volleyball <i>Birch 1st</i></p> <p>4:30pm Assisted Living Week Celebration Dinner<br/><i>Willows Dining Room</i></p> | <p>9:30am Chair Chi with Daisy<br/><i>Birch 2nd</i></p> <p>10:30am Silver Games: Family Feud <i>Birch 2nd</i></p> <p>2:30pm Silver Singers Choir Practice <i>Birch 1 TV Rm.</i></p> <p>6:30pm Silver Games: "Night Bowling" <i>Birch 1 TV Rm.</i></p>  | <p>Donut Day! Breakfast Time</p> <p>9:30am Walking Group: To the Dock, <i>Birch 1st</i></p> <p>10:15am Silver Games: "Baggo" Tournament<br/><i>Secret Garden</i></p> <p>2:00pm "Meet the Artist" Gallery Event - <i>Birch 1st</i></p>   | <p>9:30am DVD Exercise: Stronger Seniors "Stretch"<br/><i>Birch 2nd</i></p> <p>10:30am X Box Bowling<br/><i>Birch 2nd</i></p> <p>2:00pm In Concert: Patti Ecker<br/><i>Birch 1st</i></p> |
| 15   | 16  | 17  | 18  | 19   | 20  | 21   |
| <p>9:30am St. Hubert Service<br/><i>Birch 1st</i></p> <p>10:30am Sing Along<br/><i>Birch 2nd</i></p> <p>2:00pm Snack Bingo<br/><i>Birch 2nd</i></p>  | <p>10:00am In House Outing: \$6 Sale - <i>Sarah's Grove</i></p> <p>9:30am Sit and Fit - <i>Birch 1st</i></p> <p>10:00am The Sentinel Read and Discuss: Birds - <i>Activity Rm.</i></p> <p>2:00pm Willows Town Hall <i>Birch 1st</i></p> <p>3:30pm Manicure Monday <i>Birch 2nd</i></p> <p>3:30pm X Box Bowling <i>Birch 2nd</i></p> | <p>9:30am Seated Exercise <i>Birch 2nd</i></p> <p>10:00am Current Events with Bill<br/><i>Activity Rm.</i></p> <p>10:00am Dollar Tree Outing</p> <p>2:00pm Silver Singers Road Trip: Performance in Briarwood<br/><i>Birch 1st</i></p> <p>7:00pm Resident Hymn Sing<br/><i>BG Main Atrium</i></p> | <p>9:30am Mindful Movement<br/><i>Birch 2nd</i></p> <p>10:15am Village Worship<br/><i>Birch 1st</i></p> <p>2:00pm Penny Bingo<br/><i>Birch 2nd</i></p>  | <p>9:30am Chair Chi <i>Birch 2nd</i></p> <p>10:15am Beading- <i>Birch 2nd</i></p> <p>10:15am X Box Bowling- <i>Birch 2nd</i></p> <p>2:00pm Johnny Appleseed: Man or Myth? <i>Birch 1st</i></p> <p>3:30pm Rosary - <i>Activity Rm.</i></p> <p>6:30pm Read Aloud: "The 5 People You Meet in Heaven"<br/><i>Birch 2nd</i></p> | <p>9:30am Sit and Fit - <i>Birch 1st</i></p> <p>10:15am Bunco Game- <i>Activity Rm.</i></p> <p>2:00pm Science for Seniors<br/><i>Birch 1st</i></p> <p>3:30pm Pinochle Game - <i>Birch 2nd</i></p>   | <p>9:30am Chair Chi with Daisy<br/><i>Birch 2nd</i></p> <p>10:30am X Box Bowling<br/><i>Birch 2nd</i></p> <p>2:00pm In Concert: Dan Sullivan Sings the Rat Pack<br/><i>Birch 1st</i></p> |
| 22   | 23  | 24  | 25  | 26   | 27  | 28   |
| <p>9:30am St. Hubert<br/><i>Birch 1st</i></p> <p>10:30am Sing Along<br/><i>Birch 2nd</i></p> <p>2:00pm Bingo!<br/><i>Birch 2nd</i></p>   | <p>9:30am Sit and Fit - <i>Birch 1st</i></p> <p>10:15am The Sentinel: Remembering Schooldays-<i>Activity Rm.</i></p> <p>2:00pm Expressive Arts Program<br/><i>Activity Rm.</i></p> <p>3:30pm Manicure Monday <i>Birch 2nd</i></p> <p>3:30pm X Box Bowling - <i>Birch 2nd</i></p>  | <p>9:30am Seated Exercise - <i>Birch 2nd</i></p> <p>10:00am Current Events with Bill<br/><i>Activity Rm.</i></p> <p>2:00pm Travel with Jill: Puerto Rico- <i>Birch 1st</i></p> <p>7:00pm Resident Hymn Sing<br/><i>BG Main Atrium</i></p>   | <p>9:30am Mindful Movement<br/><i>Birch 2nd</i></p> <p>10:15am Village Worship <i>Birch 1st</i></p> <p>11:30am Lunch Outing to Chili's</p> <p>2:00pm Bingo! <i>Birch 2nd</i></p> <p>3:15pm Bingo Shopping Cart<br/><i>Birch 1st</i></p>   | <p>9:30am Chair Chi -<i>Birch 2nd</i></p> <p>10:15am X Box Bowling - <i>Birch 2nd</i></p> <p>10:30am Open Art Studio - <i>Birch 2nd</i></p> <p>2:00pm Birthday Party with Noreen Degallado <i>Birch 1st</i></p> <p>7:00pm Art Appreciation: " Tiffany and Faberge" <i>Birch 2nd</i></p>                                    | <p>9:30am Sit and Fit - <i>Birch 1st</i></p> <p>10:15am Try It!: LCR Game<br/><i>Activity Rm.</i></p> <p>2:00pm Craft Class: Handmade Greeting Card<br/><i>Activity Rm.</i></p>   | <p>9:30am Stronger Seniors "Stretch"<br/><i>Birch 2nd</i></p> <p>10:30am X Box Bowling<br/><i>Birch 2nd</i></p> <p>2:00pm In Concert: Charles Pansino<br/><i>Birch 1st</i></p>           |
| 29   | 30  |   |   |  |   |  |
| <p>9:30am St. Hubert Service<br/><i>Birch 1st</i></p> <p>10:30am Sing Along <i>Birch 2nd</i></p> <p>2:00pm Bingo! <i>Birch 2nd</i></p>   | <p>9:30am Sit and Fit <i>Birch 1st</i></p> <p>10:15am The Sentinel: Remembering School Days <i>Birch 2nd</i></p> <p>2:00pm Explore Technology: Shop with Pea Pod, <i>Birch 1 TV Rm.</i></p> <p>3:30pm Manicure Monday, <i>Birch 2nd</i></p> <p>3:30pm X Box Bowling- <i>Birch 2nd</i></p>   | <p style="text-align: center;">Morning Prayer Every Morning at 7:00 a.m. on Friendship Village Cable T.V.</p>   | <p style="text-align: center;"><b>Assisted Living Week<br/>September 9<sup>th</sup> – 13<sup>th</sup><br/>"A Spark of Creativity"<br/>Check out our Special<br/>Events</b></p>  | <p>Have an idea for a program? We'd love to hear it! Call Carla at extension 5694</p>  | <p style="text-align: center;"><b>Join the Fun and Spirit of the Silver Games<br/>September 9<sup>th</sup> – 13<sup>th</sup><br/>Competitive Events Offered<br/>Throughout Our Community</b></p>  | <p style="text-align: center;">Activities are Subject to Change<br/>Please refer to the Daily Schedule for updates</p>   |

