





# BRIARWOOD REFLECTIONS MEMORY CARE - FEBRUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Activities are subject to change</p> <p>(F) – Forest Dining Room</p>				<p><b>1</b> 10:30 Pet Therapy 10:45 Juice Bar 11:00 Gym on the Go 11:00 Hand Over Exercise 11:30 Happy Hands <b>2:30 Happy Hour with Liz Goss</b> 4:00 Circle of Friends/Balloon Toss 4:30 Happy Hands 6:30 Movie &amp; Popcorn</p>	<p><b>2</b> 10:30 Exercise 11:00 Groundhog Day 11:15 Daily Doses 11:30 Happy Hands <b>11:45 Sheffield's Lunch</b> 2:30 Volleyball / Snacks 4:00 Sing-A-Long 4:30 Happy Hands 6:30 Table Games</p>	<p><b>3</b> 10:30 Exercise 10:30 Hand Over Exercise 11:00 Juice Bar/Daily Doses 11:30 Happy Hands 2:30 Balloon Toss 3:30 Snack Time 4:00 Arm Chair Travel 4:30 Happy Hands 6:30 Easy Puzzles</p>
<p><b>4</b> 10:30 Exercise 10:30 Hand Over Exercise 11:00 Snack Time 11:15 Daily Doses 11:30 Happy Hands 2:30 Bowling 4:30 Happy Hands 6:30 Circle of Friends</p>	<p><b>5</b> 10:30 Chapel 11:00 Soft Back Massage 11:15 Daily Doses 11:30 Happy Hands 2:30 Chefs Corner 2:30 Hand Lotion 4:00 Discussion / Puzzles 4:30 Happy Hands 6:30 Ball Toss</p>	<p><b>6</b> 10:30 Communion 10:45 Juice Bar 11:00 Gym on the Go 11:30 Happy Hands 2:30 Bean Bag Toss 3:30 Snack Time 4:00 Trivia Fun / Light Touch 4:30 Happy Hands 6:30 Sensory Stimulation</p>	<p><b>7</b> 10:30 Tai Chi 11:00 Juice Bar / Daily Doses 11:00 Aroma Therapy 11:30 Happy Hands <b>2:30 Sing-A-Long with Larry &amp; Hot Chocolate Social</b> 4:00 Circle of Friends/Balloon Toss 4:30 Happy Hands 6:30 Table Game</p>	<p><b>8</b> 10:30 Daily Doses 11:00 Gym on the Go 11:00 Hand Over Exercise 11:30 Happy Hands 2:30 Noodle Fun with Balloon 3:30 Snack Time 4:00 Scrapbook / Smell &amp; Touch 4:30 Happy Hands 6:30 Movie &amp; Popcorn</p>	<p><b>9</b> 10:30 Exercise 11:00 Juice Bar / Daily Doses 11:15 Soft Back Massage <b>2:30 Birthday Party with YOUZ GUYZ in F</b> 4:00 Arm Chair Travel 4:30 Happy Hands 6:30 Easy Puzzles</p>	<p><b>10</b> 10:30 Exercise 10:30 Hand Over Exercise 11:00 Juice Bar/Daily Doses 11:30 Happy Hands 2:30 Popcorn Game 4:00 Trivia Fun / Light Touch 4:30 Happy Hands 6:30 Table Games</p>
<p><b>11</b> 10:30 Exercise 10:30 Hand Over Exercise 11:00 Snack Time 11:15 Daily Doses 11:30 Happy Hands 2:30 Table Games 4:30 Happy Hands 6:30 Puzzles</p>	<p><b>12</b> 10:30 Chapel 11:00 Juice Bar 11:15 Daily Doses/Light Touch 11:30 Happy Hands 2:30 Painting / Snacks 2:30 Aroma Therapy 4:00 Sing-a-Long 4:30 Happy Hands 6:30 Kick Ball</p>	<p><b>13</b> 10:30 Communion 10:45 Juice Bar 11:00 Gym on the Go 11:30 Happy Hands <b>2:30 Mardi Gras Party With Terry Wohl in F</b> 4:30 Happy Hands 6:30 Table Game</p>	<p><b>14</b> 10:00 Ash Wed Service 10:30 Exercise 11:15 Light Touch / Daily Doses 11:30 Happy Hands <b>2:30 Valentine's Day Party with Larry Oetjens in F</b> 4:00 Reminisce / Puzzles 4:30 Happy Hands 6:30 I Love Lucy / Smell &amp; Touch</p>	<p><b>15</b> 10:30 Daily Doses 10:45 Juice Bar 11:00 Gym on the Go 11:00 Hand Over Exercise 11:30 Happy Hands 2:30 Creative Arts / Snacks 4:00 Easy Puzzles 4:30 Happy Hands 6:30 Movie &amp; Popcorn</p>	<p><b>16</b> 10:30 Exercise 11:00 Juice Bar / Daily Doses 11:15 Aroma Therapy 11:30 Happy Hands <b>2:30 Celebrating Chinese Culture in F</b> 4:00 Lawrence Welk Music 4:30 Happy Hands 6:30 Table Games</p>	<p><b>17</b> 10:30 Exercise 10:30 Hand Over Exercise 11:00 Juice Bar/Daily Doses 11:30 Happy Hands 2:30 Balloon Toss 3:30 Snack Time 4:00 Sensory Stimulation 4:30 Happy Hands 6:30 Easy Puzzles</p>
<p><b>18</b> 10:30 Exercise 10:30 Hand Over Exercise 11:00 Snack Time 11:15 Daily Doses 11:30 Happy Hands 2:30 Bean Bag Toss 4:30 Happy Hands 6:30 Circle of Friends</p>	<p><b>19</b> 10:30 Chapel 10:30 Juice Bar 11:15 Sensory Stimulation 11:15 Daily Doses 11:30 Happy Hands <b>2:30 Happy Hour with Roxanne Anzelone in F</b> 4:30 Happy Hands 6:30 Table Game</p>	<p><b>20</b> 10:30 Communion 10:45 Juice Bar 11:00 Gym on the Go 11:30 Happy Hands 2:30 Ball Toss/ Smell &amp; Touch 3:30 Snack Time 4:00 Circle of Friends 4:30 Happy Hands 6:30 Easy Puzzles</p>	<p><b>21</b> 10:30 Tai Chi 11:00 Juice Bar / Light Touch 11:15 Daily Doses <b>2:30 Ice Cream Social</b> 4:00 Reminisce 4:00 Aroma Therapy 4:30 Happy Hands 6:30 Balloon Toss</p>	<p><b>22</b> 10:30 Daily Doses 10:45 Juice Bar 11:00 Gym on the Go 11:00 Hand Over Exercise 2:30 Volleyball / Snacks 4:00 Soft Back Massage 4:00 Beads Jewelry Making 4:30 Happy Hands 6:30 Movie &amp; Popcorn</p>	<p><b>23</b> 10:30 Exercise 11:00 Juice Bar / Daily Doses 11:15 Aroma Therapy 11:30 Happy Hands 2:30 Bowling / Juice Bar 4:00 I Love Lucy 4:30 Happy Hands 6:30 Crafts – Coloring</p>	<p><b>24</b> 10:30 Exercise 10:30 Hand Over Exercise 11:00 Juice Bar/Daily Doses 11:30 Happy Hands 2:30 Ball Toss / Light Touch 3:30 Snack Time 4:00 Table Games 4:30 Happy Hands 6:30 Table Games</p>
<p><b>25</b> 10:30 Exercise 11:00 Juice Bar 11:15 Daily Doses 11:30 Happy Hands 2:30 Table Games 4:30 Happy Hands 6:30 Sensory Stimulation</p>	<p><b>26</b> 10:30 Chapel 11:00 Juice Bar / Daily Doses 11:00 Soft Back Massage 11:30 Happy Hands 2:30 Bingo / Snacks 4:00 Trivia Fun / Hand Lotion 4:30 Happy Hands 6:30 Easy Puzzles</p>	<p><b>27</b> 10:30 Communion 10:45 Juice Bar 11:00 Gym on the Go 11:30 Happy Hands 2:30 Fancy Nails / Movie 4:00 Trivia Fun / Hand Lotion 4:30 Happy Hands 6:30 Sing-a-Long</p>	<p><b>28</b> 10:30 Tai Chi 11:00 Juice Bar / Light Touch 11:15 Daily Doses / Happy Hands <b>2:30 Coffee &amp; Pie Social with Maurine Christine in F</b> 4:00 Discussion / Smell &amp; Touch 4:30 Happy Hands 6:30 Circle of Friends</p>			<p>PROGRAMS LISTED IN <b>BOLD PRINT</b> ARE OFF THE UNIT</p>

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