




BRIARWOOD HEALTH CENTER FOREST - JANUARY 2018

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
<p>Activities are subject to change</p> <p>(LA) Lounge Area</p>	<p>1 <u>HAPPY NEW YEAR</u></p> <p>10:30 Exercise 11:30 Juice Bar 2:30 New Year's Day Party with John Boda 4:00 Arm Chair Travel 6:30 Balloon Toss (LA) 7:00 Puzzles</p>	<p>2 10:30 Chapel 11:00 Juice Bar 11:15 Chair Exercise 2:30 Fancy Nails / Movie 3:30 Snacks Time 4:00 Reminisce 6:30 Stories (LA) 7:00 Cards Game</p>	<p>3 10:30 News Current 11:30 Daily Doses 2:30 Wine & Hot Appetizers Social with Reading Theatre 4:00 Travelogue 6:30 Puzzles (LA) 7:00 Residents Choice</p>	<p>4 10:30 Gym On The Go 11:00 Juice Bar 11:30 Daily Doses 2:30 Volleyball Gingko vs. Forest 4:00 Reminisce 6:30 Movies & Popcorn</p>	<p>5 10:30 Bingo 2:30 Posters Chat 3:30 Snacks Time 4:00 Spelling Bee 6:30 Balloon Toss (LA) 7:00 Flip Cards</p>	<p>6 10:30 Exercise 11:00 Juice Bar 11:30 Daily Doses 2:30 Bean Bag Toss 3:30 Snacks Time 4:00 Travelogue</p>
<p>7 10:30 Exercise 11:00 Juice Bar 11:15 Daily Doses 2:30 Living Faith Worship</p>	<p>8 10:30 Rosary and Communion 11:00 Juice Bar 11:00 Daily Doses 2:30 Chefs Corner 6:30 Stories (LA) 7:00 Table Game</p>	<p>9 10:30 Chapel 11:00 Juice Bar 11:15 Chair Exercise 2:30 Creative Arts 4:00 Reminisce 6:30 Puzzles (LA) 7:00 Lord of Life-Pokeno</p>	<p>10 10:30 News Current 11:30 Daily Doses 2:30 Hot Tea Social 4:00 Travelogue 6:30 Balloon Toss(LA) 7:00 Puzzles</p>	<p>11 10:30 Gym On The Go 11:00 Juice Bar 11:30 Daily Doses 2:30 Catholic Mass 3:30 Snacks Time 4:00 Crafts - Coloring 6:30 Movies & Popcorn</p>	<p>12 10:30 Bingo 11:00 Chili's Lunch Outing 2:30 Birthday Party with Edizon Dayao 4:00 Arm Chair Travel 6:30 Discussion (LA) 7:00 I Love Lucy</p>	<p>13 10:30 Exercise 11:00 Juice Bar 11:30 Daily Doses 2:30 Tic-Tec-Toe 3:30 Snacks Time 4:00 Hangman</p>
<p>14 10:30 Exercise 11:00 Juice Bar 11:15 Daily Doses 2:30 Movie & Popcorn</p>	<p>15 10:30 Rosary and Communion 11:30 Juice Bar 2:30 Martin Luther King Jr. Day 3:30 Snacks Time 4:00 Easy Puzzles 6:30 Discussion (LA) 7:00 Cards Game</p>	<p>16 10:30 Chapel 11:00 Juice Bar 11:15 Chair Exercise 2:30 Fancy Nails / Movie 6:30 Balloon Toss (LA) 7:00 Flip Cards</p>	<p>17 10:30 Sing-A-long with Vitas 11:00 Juice Bar 11:15 Daily Doses 2:30 Ice Cream Social / Sing-a-Long with Larry 4:00 Trivia Fun 6:30 Stories (LA) 7:00 Table Game</p>	<p>18 10:30 Gym On The Go 11:00 Juice Bar 11:15 Daily Doses 2:30 Volleyball Gingko vs. Forest 4:00 Current Events 6:30 Puzzles (LA) 6:30 Movie & Popcorn</p>	<p>19 10:30 Bingo 11:30 Sheffield Lunch Outing 2:30 Anniversary Week Party with Terry Wohl 4:00 Travelogue 6:30 Balloon Toss (LA) 7:00 Kick Ball</p>	<p>20 10:30 Exercise 11:00 Juice Bar 11:30 Daily Doses 2:30 Popcorn Game 3:30 Cookies 4:00 Trivia Fun</p>
<p>21 10:30 Exercise 11:00 Juice Bar 11:15 Daily Doses 2:30 Movie & Popcorn</p>	<p>22 10:30 Rosary and Communion 11:30 Juice Bar 2:30 Resident Council Meeting 3:00 Food Committee with Megan in F 4:00 Sing A Long 6:30 Magazines/Stories(LA) 7:00 Uno</p>	<p>23 10:30 Chapel 11:00 Juice Bar 11:15 Chair Exercise 2:30 Tic-Tec-Toe 3:30 Snacks Time 4:00 Arm Chair Travel 6:30 Balloon Toss (LA) 7:00 Table Game</p>	<p>24 10:30 News Current 11:30 Daily Doses 2:30 Pizza & Beer Social With Reading Theatre 4:00 Arm Chair Travel 6:30 Reminisce (LA) 7:00 Cards Game</p>	<p>25 10:30 Gym On The Go 11:00 Juice Bar 11:30 Daily Doses 2:30 Creative Arts 3:30 Snacks Time 4:00 Beads Jewelry 6:30 Movie & Popcorn</p>	<p>26 10:30 Bingo 2:30 Celebrating Japanese Culture 4:00 Reminisce 6:30 Discussion (LA) 7:00 Bunco</p>	<p>27 10:30 Exercise 11:00 Juice Bar 11:30 Daily Doses 2:30 Balloon Toss 3:30 Snacks Time 4:00 I Love Lucy</p>
<p>28 10:30 Exercise 11:00 Juice Bar 11:15 Daily Doses 2:30 Movie & Popcorn</p>	<p>29 10:30 Rosary and Communion 11:30 Juice Bar 2:30 Happy Hour with Sandi Haynes 4:00 Travelogue 6:30 Discussion (LA) 7:00 Cards Game</p>	<p>30 10:30 Chapel 11:00 Juice Bar 11:15 Chair Exercise 2:30 Fancy Nails/ Movie 3:30 Snacks Time 4:00 Trivia Fun 6:30 Stories (LA) 7:00 I Love Lucy</p>	<p>31 10:30 News Current 11:30 Daily Doses 2:30 Coffee & Pie Social 4:00 Arm Chair Travel 6:30 Balloon Toss (LA) 7:00 Cards Game</p>			

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