

MONDAY – January 30, 2012

 **Roasted Turkey Breast**
Swiss Steak with Caramelized
Red Onion Gravy
Baked Whitefish Marinara
Mashed Potatoes
Cornbread Dressing

TUESDAY – January 31, 2012

Honey Walnut Chicken
Roasted Pork Loin
Seafood Catch of the Day
Grilled Flatbread Pizza
Yukon Roasted Potatoes
Sweet Potato Fries


WEDNESDAY – February 1, 2012

 **Italian Herb Grilled**
Chicken Breast
Hearty Beef Stew
Sweet Potato & Pecan Stuffed
Pork Chop
Mashed Potatoes
Egg Noodles

THURSDAY – February 2, 2012

Meatloaf with Brown Gravy
Savory Baked Chicken
Crab & Spinach Stuffed Salmon
Mashed Red Potatoes
Yellow Rice



 **300 calories or less**
Under 600 mg sodium

FRIDAY – February 3, 2012

 **Stuffed Chicken Breast**
Ravioli with Meat Sauce
Beer Battered Cod
Mashed Potatoes
Fried Potato Wedges

SATURDAY – February 4, 2012

 **Cilantro Chicken**
Stuffed Pork Loin
Meat Lasagna
Mashed Potatoes
Spanish Rice

SUNDAY – February 5, 2012

Seafood Catch of the Day
Honey Brown Sugar Baked Ham
Grilled Chicken with Cherry
Port Wine Sauce
Baked Sweet Potato

For dinner reservations please call ext 8151
Menu subject to change based on product availability